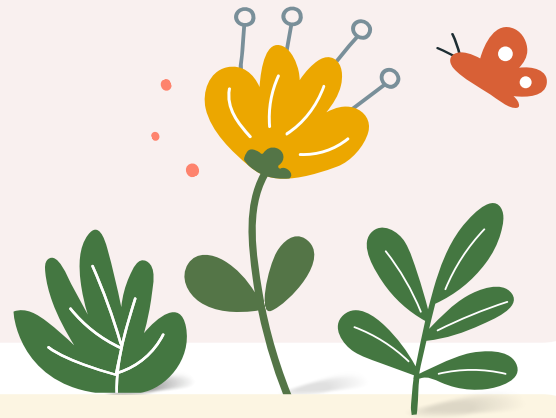


# SPRING



Spring is in the air at Paramount Family Centre! This is a great time to work on language and communication skills while we explore spring-related themes, vocabulary, and activities. Check out what we have been up to and our upcoming plans for the new season.

## \* CHECK IT OUT!

Be sure to check out the board by the playground doors featuring a book study on "Illuminating Care" by Carol Garboden Murray on the Pedagogy and Practice of Care in Early Childhood Communities. Here we highlight the importance of care routines and showcase what that looks like around the centre.

## REMINDERS

Please dress your child(ren) for the weather. We are required to spend one hour outdoors each morning and afternoon by ministry rule. Dressing appropriately ensures your child(ren) can participate, engage and learn outdoors.

## COMING UP

- May 10 Centre closed for Early Years Professional Development Day-No care offered
- May 20 Centre closed for Victoria Day Holiday
- June 7 PA day Catholic and Public board + BBQ 4-6 p.m. celebrating all the graduating preschoolers!
- June 28 PA day Public board
- Mother's/Father's Day celebration June 14

## IN THIS ISSUE

Read along to learn updates on what is happening in each classroom.

# CLASS NEWS

Spring 2024



## A note from the Toddler Room :

Toddlers have been very adventurous heading out in all kinds of weather. Now that they mastered dressing for winter, they can now experience spring for the first time as toddlers! There is so much to discover with many visible and physical changes to engage with and experience. When dressed properly, children can partake in play in all weather. We are so fortunate to have such a wonderful space to explore nature all year round.

## Dressing Tips

- splash pants and rain jacket or full body splash suit with rainboots
- layers to remove if needed
- spare clothes to change into after messy play
- sunscreen and a hat

## Toddler Facts

<https://momlovesbest.com/toddler-facts-and-statistics>

The blue light from screen time can interfere with a toddler's healthy sleeping pattern.

Kids with access to two or more hours of screen time per day are more likely to display behavioral issues, such as social or attention problems.

Children are typically ready for toilet training if their diapers are dry for two hours at a time or they're dry after a nap. Other signs include indicating they are about to poop or pee; following simple instructions; can walk to the bathroom; ask for a diaper change; ask to wear underwear.

Between one and two years, toddlers will learn and understand a wider variety of words. Typically, they start with nouns, followed by verbs, then adjectives.

## Look at us go!



# ✨ P1 ✨

# What's the scoop?!



## WHAT WE ARE LEARNING:

Preschool 1 spend lots of time learning through play. Children in this classroom actively participate in dramatic play, role playing typical roles of family members taking care of those around them, including babies, pets and chores. Sensory and art are a big interest for this group, often painting, making playdough and learning through various sensory activities with loose parts for open-ended exploration. On the rainy days, children were loving catching raindrops and on the sunny days, they have been noticing shadows.



Exploring In The Sandpit, sorting letters and looking at the loose parts of a birds nest.

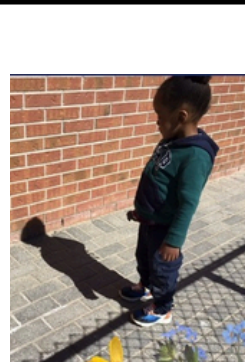
## REMINDERS:

Programming for the day starts at 9 a.m., be sure to be here on time for your child to participate in the planned activities- playing is the work of the child and having a consistent routine is important for the eventual transition to school.

## FUN IN THE RAIN!



## FUN IN THE SUN!



# TRENDING PRESCHOOL 2 TOP STORIES

In the spotlight: activities, interests, provocations, observations



First, P2 moved from dinosaurs and volcanoes into learning about spring by experimenting with seeds to grow in the classroom and at home, by introducing G is for garden. From there, they moved into having picnic snacks outside, doing bird watching, exploring sensory play with plants.

Next, the weather turned rainy, but that didn't stop them from venturing out into the puddles to see what the worms were up to. On days that it was far too rainy and cold, children had the opportunity to burn off some energy by playing in the middle room, dancing to music and making big movements with the indoor gross motor toys with other classrooms.

Then, came bird watching with binoculars, making bird feeders and using books about birds to support this interest. Children even made their own bird nests out of clay. This led them into Earth Day and learning about what steps we can take to help keep it clean by learning about and practicing recycling!

Last, moving onto bugs, children have been counting and sorting bugs, exploring in the sensory bin with bug catchers and dirt, collecting flowers and leaves outdoors. They even made their own lemonade! While still on the interest of flowers, they have been exploring creatively making natural collages and painting flowers with forks for tulips. Can't wait to see where their learning takes them next!

# PRESCHOOL 3

Reader Favourites



Preschool 3 has been moving along swimmingly through interests such as... Exploring rainbows! They did a deep dive into exploring colour theory using a variety of materials like paint, play dough, colour matching, used books like “Mix It Up” by Herve Tullet, using the light table and making stained glass art.

That lead them into Easter, where they explored making and decorating eggs in different ways, making clay nests, experimenting with feathers, using salad spinners to paint and painting at the easel with real tulips for inspiration.

Spring is finally here and now the class is moving onto observing and engaging with elements of the season including rain, puddles, rain drops, umbrellas, bugs and making weather wheels.

Most recently they have added crickets to the program to observe and learn more about them. Through provocations, exposure and discussions, children will think feel and act on spring and all the wonderful discoveries it has to offer.

# School Age

POST

## What's the latest in the SA Program?!

School Age program has been keeping busy with building using a variety of materials, not only blocks, but loose parts like clear colourful cups, tubes, foam boulders, foam wood cookies and legos. Children of all ages and skills are taking part in this, working independently and in groups.

Plans are underway for summer camp with a full roster of children for each week. We are looking forward to spending the summer months together growing and learning and having fun!

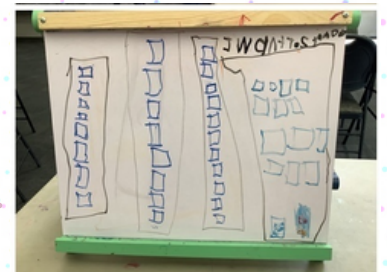
## In This Issue

- Have you seen the Brags and Drags chart, this is helping to encourage children to make good choices and be more helpful.



## Coming Up Soon

- May 10 Centre closed for Early Years Professional Development Day-No care offered
- May 20 Centre closed for Victoria Day Holiday
- June 7 PA Day Catholic and Public board + BBQ 4-6 p.m.
- June 28 PA Day Public board



# News Around the building...

MOVE OVER WINTER, SPRING IS HERE!

## A Message From PDAC

Spring is finally here! We have been waiting for it for what seems like forever. Spring is a welcomed change after the long, gloomy winter months. Flowers are popping up, leaves are growing on trees, and the grass is getting greener.

I recently read a book to the kids at PFC called 'What Does Spring Bring?' We learned that spring brings more sunshine, plants, flowers, bees, and a whole bunch of colours. New life is springing up everywhere we look! I especially love how Spring and Easter are paired together! Spring is a time of new beginnings or new life, and Easter is a time to celebrate the new life we can have because of Jesus' death and resurrection. As we continue to enjoy all that spring brings, let us remember to give thanks to God, who blesses us with new life each spring and through Jesus.

Pastor Tracy Phelps

## Fun Facts

- Baby birds learn to sing the same way children learn to talk. They listen and learn from adults.
- The word "spring" comes from the Old English word "springan," meaning "to leap" or "to jump up."
- Did you know that a bee can travel at a speed of 32 kms?!
- Children learn best through sensory experiences, so get outside and let your senses guide you!



Wishing all the mom's, dad's and parental figures a very happy Mother's and Father's Day!

## Dad jokes for Father's Day Good sense for Mother's Day

1. DID YOU KNOW THE FIRST FRENCH FRIES WEREN'T ACTUALLY COOKED IN FRANCE? THEY WERE COOKED IN GREASE.
2. WHAT DO YOU CALL SOMEONE WITH NO BODY AND NO NOSE? NOBODY KNOWS.
3. THE LEGO SHOP REOPENS TOMORROW, BUT I RECOMMEND AVOIDING IT FOR THE TIME BEING. PEOPLE WILL BE LINED UP FOR BLOCKS.

[HTTPS://WWW.FAMILYEDUCATION.COM/ENTERTAINMENT-ACTIVITIES/HOLIDAYS/FATHERS-DAY/THE-60-BEST-DAD-JOKES-OF-ALL-TIME#:~:TEXT=BEST\\*20ONE-LINER\\*20DAD\\*20JOKES\\*201\\*20THE\\*20LEGO\\*20SHOP,MAN\\*20GO\\*20TO\\*20THE\\*20DENTIST\\*3F\\*20...\\*20MORE\\*20IT](https://www.familyeducation.com/entertainment-activities/holidays/fathers-day/the-60-best-dad-jokes-of-all-time#:~:text=best*20one-liner*20dad*20jokes*201*20the*20lego*20shop,man*20go*20to*20the*20dentist*3f*20...*20more*20it) EMS

- "IF YOU OPEN IT, CLOSE IT. IF YOU TURN IT ON, TURN IT OFF. IF YOU TAKE IT OUT, PUT IT BACK. IF YOU EMPTY IT, FILL IT. IF YOU FILL IT, EMPTY IT."

[HTTPS://WWW.RD.COM/LIST/BEST-ADVICE-FROM-MOM/](https://www.rd.com/list/best-advice-from-mom/)

- 'HUGS AND HANDSHAKES, GIVE THEM LIKE YOU MEAN IT.'
- 'WATER FINDS ITS OWN LEVEL.'
- 'BEING GENTLE NEVER GOES OUT OF FASHION.'

[HTTPS://WWW.BUZZFEED.COM/RAVENISHAK/BEST-MOM-ADVICE-QUOTES](https://www.buzzfeed.com/ravenishak/best-mom-advice-quotes)

THANKS SO MUCH FOR READING!